

INNERCIRCLE PUBLISHING



AN UNSEEN LIFE

WHEN THE EXTRAORDINARY BECOMES ORDINARY



RUTH EVELYN

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A decorative flourish consisting of a horizontal line with a central circular motif, from which several elegant, swirling lines extend downwards and outwards, framing the publisher's name.

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Are You Aware?

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To My Readers,

I began this year with a very solid foundation of Peace - knowing what it feels like, where it begins to flow or disrupt within the body and how to be it. Stating it in my journal on the first day of the year, the next six months provided a daily testing of all that I had learned in cultivating that peace in my life. The trials were great. The gift was greater understanding of the importance of peace and living in the center of balance, even through the most difficult of circumstance.

Peace on earth. It is what we have yearned for through many lifetimes and many millennia. It is a gift that we give ourselves through unwavering choice and focus. It is the gift we give the world through experience and being. Collective peace is gained through the gathering of souls who have chosen peace. One by one by one, the vibration of our peaceful selves adds to the other until, one day, we have become a peaceful world. It has begun.

Ruth Evelyn, July 2007

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PREFACE

When Joe arrived in heaven, he was surprised at all the traffic and the amount of processing it took to register in his new dimension. Death didn't really take him by surprise. He expected it would happen sooner rather than later...the way *his* luck always ran.

Joe had met a lot of angels and folks that looked pretty normal - a lot like him, he thought. Everybody was really nice. That was a new experience for him, but again, he always figured God's place had to be better than earth. There were a lot of people in Joe's life that complained about things. They always seemed to find a way to be angry about something. That was just the way it was where he came from.

Joe moved along the heavenly processing lines, surprised at how smoothly everything ran considering the amount of people there were. He supposed the system had been set up an awfully long time, so of course the kinks would be worked out by now.

As he approached the next station, he hesitated and began to get more than a little nervous. The angel that welcomed him forward stood before a door labeled "God". Joe's mind began to spin. All of a sudden, thoughts started swirling in his head that were accompanied by a whole bunch of excuses. The angel didn't seem thrown by this. She simply touched Joe on the shoulder with a gentleness that provided instant relief from all those regretful and hurtful moments Joe had brought with him to heaven.

Feeling better, the door opened and Joe walked through. A little surprised, but greatly relieved, Joe saw God as a man looking pretty much like himself. Perhaps a bit taller and neater, God appeared just like a regular "Joe"!

God asked Joe if he minded taking a walk with him. Mind? Who was *he* to argue with God! As they walked, God casually asked questions of Joe. How was his life? Did he like living on earth? What did he like best? What didn't he like and what did Joe think he learned most?

Before he knew it, they had approached a row of warehouses. God stopped before one of the doors and it opened automatically. Inside were thousands and thousands of really cool things that Joe remembered seeing during his time on earth. They were a lot like the things he had wished for and longed for throughout the years.

"These are all yours, Joe." God said

"Wow, this is cool! This is all *mine*?!" Joe exclaimed.

"All yours, Joe. See that little red Porsche? I ordered that just for you, Joe. Made it special!"

Joe was very excited. He always wanted to zip around in a little sports car, showing off to his friends and the women. Red was his favorite color, and a *Porsche*! It had been one of his grandest dreams to one day own a red Porsche!

Suddenly, Joe realized he was *dead* and that he no longer needed a flashy sports car. Joe's awe for God quickly turned to irritation.

"Wait a minute!" Joe was indignant, "If you made this special just for *me*, why didn't you give it to me when I *asked* for it?!"

God was ever so peaceful and gentle in his reply, "But Joe, all I heard was *aFord*"

When I heard this story, I was well entrenched in *I-can't-afford* mode! I went home, lay on my bed with my entire body spread wide open and said, "God, I want *ALL* of my gifts. By the time I leave this plane, I want nothing left in my warehouse! Show me what I have to do to receive *every* gift I have in store for me!"

Well, ask and you shall receive! Also, be careful what you

ask for - or should I say be *cognizant* of what you are asking! I say this because, in the process of growth, I have discovered that the Divine has a different dictionary than I do.

Take the word *freedom* for example. When I listed freedom as one of my goals in life, my thoughts circled around financial freedom, traveling at will and making choices that were free of constraint. It turns out that when you ask for freedom, the higher interpretation is to be free of all internal debris that keeps you from inner peace.

When you ask for things like freedom, peace and happiness, no one is tapping you on the shoulder for clarification of what you *really* mean. Ask anyway. This is when Divine universe goes to work and your life changes come at levels you didn't even know existed. While the outcome is beyond imagination, the process is too...and, as you may have already discovered, not necessarily in a delightful way - on the surface!

I have walked the walk toward peace and gained new perspectives on God, relationship, our universe and...well...on *everything*! While I appear ordinary on the outside as I accomplish ordinary tasks throughout my day in an ordinary community, the life I live is anything but ordinary.

The work has all been internal and unseen with external results of a completely new landscape. I no longer live the roller coaster life of unrelenting extremes of emotional opposites. I no longer sink into lengthy despair or disruptive upset at life's unexpected turns. I no longer attract unhealthy people into my life. Others consider it extraordinary. For me, it has become part of my moments - all of them.

This journey has offered many gifts from my Divine warehouse. While several gifts received have lent to improving my material comforts, the more glorious have come in the form of...

Join me, won't you? Claim your gifts - all of them! Accept the invitation that invites the individuated soul back to the One.

We are all connected - human to human - human to spirit - spirit to human - spirit to spirit. Nothing is an accident. There are no mistakes in the meeting of people and the escalation or resolution of situations. We are connected by vibration to the very root at the core of our source.

The unseen in life is extraordinary, exciting, challenging... and inevitable. We are all on a path of choices that is the inevitable return to unconditional love - the jewel of all vibration.

An Unseen Life - living extraordinarily in the ordinary day... it's a wonderful way to be!



THE BASICS

When you are walking on your path to a more peaceful existence, there are a few basic understandings to keep with you along the way. Awareness of how you fit into the complexities of the universe is essential to living your best choice life and maintaining momentum toward your dreams and desires. We are spirit incarnate, here on this plane in vibration of human form. By clearing our energetic fields of emotional debris, we create a cloudless connection to the individuated higher self, our spirit self, thereby experiencing more and more peace.

CHAPTER 1

WHY THIS BOOK EXISTS

This book was written long before it came into conscious awareness. As I close my eyes, I see it there before me in my mind's eye. It sits in a crevasse of space, floating about. There are other objects appearing nearby, although they have yet come into physical form - they are only thought - not yet condensed into matter. This is what we are, you know - thought condensed into form. We are an intention prior to incarnation. A thought so concentrated with intention, that we became human life form.

As the story goes..."the time has come to speak of many things"...in my case, it is of a world unknown to most, but to be consciously experienced by all - now or in the future. It is only choice that determines your own entrance through the door into the unknown - that which holds the spark of the eternal flame of peace and joy.

Today, the day I begin writing this book, is a day of finality. Today is a day of new beginning. Today is the day of the completion of a thousand lifetime journey. It is the day I set aside reading the books of others and begin to share the hidden life I live.

My appearance is no more special than yours. Yet, I live a life that my friends tell me inspires them to *know* they too will one day achieve the peace and joy we are promised exists - yet flits in and out of our lives with an elusive staying power. I live with a peace that has staying power.

Let me describe a bit of what I experience amidst the hectic world of today...

I have opened up to the unseen in my life and now offer

three intentions to this book in the sharing of what was once extraordinary, but has become quite ordinary - every moment in every day.

- ♦ First, this book is for those who already dove into the pool of higher consciousness to join in awareness of who and why you are. There is an expectation here of the understanding of the illusion we live in and that God is the all - internal and external of self - vibration. This book is an expansion of current philosophies of the responsibility of the individual within the collective to integrate the understanding of what their messages and vibrations actually *feel* like in the application. Then, we move on to the next level of understanding and use.

Humanity has been undergoing heightened influx of information of how to turn your life around. New business models are emerging in order for the enlightened person to integrate wholeness achieved at the personal level into our professional lives. As a participant in the creation of this paradigm shift in the global corporate world, my focus is on vibration. Everything is vibration...including in business!

- ♦ The second intention for this book is to provide additional insight into working with Divine spirit to speed up your path to peace. Jesus said “If you knew who walked beside you, you would never be afraid.” How much help do we have from other dimensions? More than you can count, calculate or fathom!

To begin, I choose to only work with Divine Order, the Divine Plan, the Holy Script, the Holy Spirit - however, you want to label it, I choose to work with what I consider the good guys, the *light* or *Divine universe*! It isn't necessarily easier, but the outcomes are always far more interesting and delightful than what I come up with in my own human view of things. It is only through spirit's teaching that I have learned the degree to which vibration dictates our lives to the very core of our being and *how to manage it!*

- ♦ The third intention is to begin to articulate the new phase of understanding that has arisen as science and theology move

closer together in discovery and knowing. Life is not about rules and regulations professed by the most vocal. *Life* is far beyond what is witnessed through the eye and felt by the hand. It is the *unknown* and the *unseen* that define who we are and how we create our experience.

So, with spirit guides on hand, we continue our journey to tidy up the confusion of “Why is this so difficult?”, “Does *Peace on Earth* really exist?” and “What’s it all about, Alfie?”